



Useful Information for Race Participants

Ready Set GO!....Prepare your team for Chariots of Fire 2021



Dear Team Leaders

Please forward this information on to members of your team.

On behalf of the official recipient charity this year, East Anglian Air Ambulance (EAAA), thank you for entering a team in Chariots of Fire on Sunday 19th September on Queens' Green, Cambridge. The race will start promptly at 9.30am.

COVID-19 considerations

The health, safety and wellbeing of all race participants continues to be our top priority. Every effort has been made to ensure we deliver an event that is compliant and in accordance with COVID-19 best practice. As you will notice on Queens' Green we have implemented a number of social distancing measures and we thank you for adhering to these arrangements.

We respectfully ask that runners should not spit anywhere on the course, high-five anyone else, or engage in any other non-essential contact. During the race you should try to run with the aim of making use of all available space and minimising the amount of time in close proximity to each other. Whilst not running we ask you to continue to respect our local social distancing requirements.

View our COVID- risk assessment online at <https://www.chariots-of-fire.co.uk/resources>

Lateral Flow Test

During our discussions with the City Council we have been asked to recommend that all race participants to take a lateral flow test a day before the race and not to attend should you have a positive result.

Parking

There is no parking available on Queens' Green. There is however street parking available nearby but a first come first served policy applies and the pay and display scheme is in operation on a Sunday. For those who prefer to cycle, we have arranged for there to be bikes racks on the Green. Please do not park your bikes on the fence along the top section of the Green, opposite West Road as this will obstruct the race route.

No Bottled Water – Bring Your Own

Although we have in the past provided a bottle of water to every participant this year due to COVID-19 considerations and our new environmental policy bottled water will not be provided. We recommend all participants bring their own refreshment.

On the day registration

If you are the assigned team manager, on Sunday 19th September, you will need to register your team at the registration marquee on Queens' Green between 7.30am and 9.00am to collect your running pack containing your team running numbers, safety pins and baton. Should you have selected t-shirts during the online registration process these can also be collected at this time.

Should you need to make a change to your team type, please notify the volunteer at the registration table.

For those teams who have not completed a disclaimer form, there is a dedicated table in the registration marquee.

Registration Table 1: Teams 1 – 50

Registration Table 1: Teams 51 – 100

Registration Table 1: Teams 101 – 150

Registration Table 1: Teams 151 – 200

What is the *What3Words* location of the race?

Tribal.Given.Nests

Where to meet your team(s)

As Queens' Green becomes very congested during the morning of the race to assist you in meeting up with the other members of your team there are dedicated meeting zones marked out amongst the Green. Team meeting zones are organised according to Team number, as listed below.

Zone A: teams 1 - 10

Zone K: teams 101 - 110

Zone B: teams 11 - 20

Zone L: teams 111 - 120

Zone C: teams 21 - 30

Zone M: teams 121 - 130

Zone D: teams 31 - 40

Zone N: teams 131 - 140

Zone E: teams 41 - 50

Zone O: teams 141 - 150

Zone F: teams 51 - 60

Zone P: teams 151 - 160

Zone G: teams 61 - 70

Zone Q: teams 161 - 170

Zone H: teams 71 - 80

Zone R: teams 171 - 180

Zone I: teams 81 - 90

Zone S: teams 181 - 190

Zone J: teams 91 - 100

Zone T: teams 191 - 200

Team numbers and names have been published on www.chariots-of-fire.co.uk/enter-a-team

Race Route & Instructions

The race route and race instructions are available to download on the Chariots of Fire website.

Prize giving & Medals

This year there will not be a prize presentation at the end of the race. Winning teams for each category will be informed after the race. Team timings are live and will be accessible via StuWeb Race Timing - <https://www.stuweb.co.uk/>. A printout of each team time can be collected from the StuWeb van positioned next to the stage.

For those teams who selected medals during the online registration process, please present your race time receipt to the medal table, next to the StuWeb van, who will provide you your bag of six medals.

Share your involvement on social media

This year we have a dedicated team selfie backdrop by the stage. When you post your teams, please don't forget to tag us in on our Facebook and Twitter, we would love to share your experience of the day.



<https://www.facebook.com/chariots.of.fire.cambs> https://twitter.com/chariots_fire

Please raise some money

With the organisers of Chariots of Fire carefully selecting a recipient charity each year, following a thorough application process, **there is an expectation for every team and participant to raise additional sponsorship for EAAA**. This year the charity is asking for £300 in sponsorship per team (£50 per race participant). Please maximise the value of your team entry this year by supporting our official charity.

For further information, please view our [Frequently Asked Questions](#) section on the website. (<https://www.chariots-of-fire.co.uk/resources>)

Best of luck for Sunday

HCR Hewitsons Charitable Trust