



Useful Information for Team Leaders & Runners

Ready Set GO!....Prepare your team for Chariots of Fire 2021



On behalf of the official recipient charity this year, East Anglian Air Ambulance (EAAA), thank you for entering a team in Chariots of Fire on Sunday 19th September.

Currently, the survival rate of a cardiac arrest outside of hospital is just one in 10, and East Anglian Air Ambulance needs your help to change this. People often associate a cardiac arrest with older people, but this is not the case and can happen to anyone at any age.

As the official Chariots of Fire charity partner this year, East Anglian Air Ambulance are aiming to raise £97,500 to kickstart a three-year project to expand CPR training in Cambridgeshire, helping to save many more lives.

Team entry deadlines

The popularity of Chariots of Fire remains as strong as ever and this year, the team capacity is 380. The closing date for team entries is **Wednesday 15th September** at 5pm or when team numbers reach 380, whichever is soonest. Should you wish to change your team name or team type after registering online, please email admin@chariots-of-fire.co.uk.

COVID-19 considerations

The health, safety and wellbeing of all participants, supporters and volunteers continues to be our top priority. Every effort is being made to ensure we deliver an event that is compliant with all COVID-19 restrictions and best practice. We have in the past provided a bottle of water to every participant. However, this year due to COVID-19 considerations and our new environmental policy bottled water will not be provided. We recommend participants bring their own refreshment.

Prize giving

At present, due to COVID-19 considerations, there will not be a prize presentation at the end of the race. Please note the organisers are carefully monitoring the situation and will reinstate this element should conditions permit.

For prizes or for pleasure – please raise some money

With the organisers of Chariots of Fire carefully selecting a recipient charity each year, following a thorough application process, **there is an expectation for every team and participant to raise additional sponsorship**

for EAAA. This year the charity are asking for £300 in sponsorship per team (£50 per race participant). Please maximise the value of your team entry this year by supporting our official charity.

On the day registration

If you are the assigned team manager, on Sunday 19th September, you will need to register your team at the registration marquee on Queens' Green between 7.30am and 9.00am to collect your running pack containing your team running numbers, safety pins and baton. The race will start promptly at 9.30am.

Where to meet your team(s)

As Queens' Green becomes very congested during the morning of the race to assist you in meeting up with the other members of your team there are dedicated meeting zones marked out amongst the Green. Team meeting zones are organised according to Team number, as listed below.

Zone A: teams 1 – 17	Zone I: teams 137 – 153	Zone Q: teams 274 – 290
Zone B: teams 18 – 34	Zone J: teams 154 – 170	Zone R: teams 291 – 308
Zone C: teams 35 – 51	Zone K: teams 171 – 187	Zone S: teams 309 – 323
Zone D: teams 52 – 68	Zone L: teams 188 – 204	Zone T: teams 324 – 338
Zone E: teams 69 – 85	Zone M: teams 205 – 221	Zone U: teams 339 – 361
Zone F: teams 86 – 102	Zone N: teams 222 – 239	Zone V: teams 362 – 380
Zone G: teams 103 – 119	Zone O: teams 240 – 256	
Zone H: teams 120 – 136	Zone P: teams 257 – 273	

Race Route & Instructions

The race route and race instructions are available to download on the Chariots of Fire website.

Share your involvement on social media

Please don't forget to follow us on Facebook and Twitter. We will be providing updates in the lead up to the race.



<https://www.facebook.com/chariots.of.fire.cambs> https://twitter.com/chariots_fire

And finally...

All teams are kindly reminded to confirm their team type and send in their completed disclaimer forms (in hardcopy or via email to admin@chariots-of-fire.co.uk) to the Chariots administration team by Monday 13th September, as it will significantly reduce the time it takes team leaders to register on the morning of the race. In the meantime, best wishes for your training and we look forward to seeing you all on Sunday 19th September for another successful Chariots of Fire.

For further information, please view our [Frequently Asked Questions](#) section on the website. (<https://www.chariots-of-fire.co.uk/resources>)

Hewitsons Charitable Trust