

Chariots of Fire 2019

Useful Information for Runners

Join in on the ACT and prepare your team for Chariots of Fire 2019



On behalf of the official recipient charity this year, Addenbrooke's Charitable Trust, thank you for entering a team in Chariots of Fire on Sunday 22nd September.

Adults and new-born babies in our region who need intensive care treatment for complex conditions are blue-lighted by a dedicated, specialist ambulance service to the most appropriate hospital. Surprisingly, there is no such service in our region that can specifically provide intensive care for critically ill children.

If every team participating in the 2019 Chariots of Fire raised a minimum of £300, together we can get the new children's ambulance service on the road. This would effectively provide an Intensive Care Unit on wheels to keep children alive during transfers, ensuring that they survive long enough to get to Addenbrooke's.

Team entry deadlines

The popularity of Chariots of Fire remains as strong as ever and this year, the team capacity is 380. The closing date for team entries is **Wednesday 18th September** at 5pm or when team numbers reach 380, whichever is soonest.

For prizes or for pleasure – please raise some money

With the organisers of Chariots of Fire carefully selecting a recipient charity each year, following a thorough application process, **there is an expectation for every team and participant to raise additional sponsorship for Addenbrooke's Charitable Trust.** Please maximise the value of your team entry this year by supporting our official charity.

On the day registration

If you are the assigned team manager, on Sunday 22nd September, you will need to register your team at the registration marquee on Queens' Green between 7.30am and 9.00am to

collect your running pack containing your team running numbers, t-shirts, safety pins and baton. The race will start promptly at 9.30am.

Where to meet your team(s)

As Queens' Green becomes very congested during the morning of the race to assist you in meeting up with the other members of your team there are dedicated meeting zones marked out amongst the Green. Team meeting zones are organised according to Team number, as listed below.

Zone A: teams 1 – 17	Zone I: teams 137 – 153	Zone Q: teams 274 – 290
Zone B: teams 18 – 34	Zone J: teams 154 – 170	Zone R: teams 291 – 308
Zone C: teams 35 – 51	Zone K: teams 171 – 187	Zone S: teams 309 – 323
Zone D: teams 52 – 68	Zone L: teams 188 – 204	Zone T: teams 324 – 338
Zone E: teams 69 – 85	Zone M: teams 205 – 221	Zone U: teams 339 – 361
Zone F: teams 86 – 102	Zone N: teams 222 – 239	Zone V: teams 362 – 380
Zone G: teams 103 – 119	Zone O: teams 240 – 256	
Zone H: teams 120 – 136	Zone P: teams 257 – 273	

Race Route & Instructions

The race route and race instructions are available to download on the Chariots of Fire website

And finally...

All teams are kindly reminded to confirm their team type and send in their completed disclaimer forms (in hardcopy or via email) to the Chariots administration team by Monday 9th September, as it will significantly reduce the time it takes team leaders to register on the morning of the race. In the meantime, best wishes for your training and we look forward to seeing you all on Sunday 22nd September for another successful Chariots of Fire.

Hewitsons Charitable Trust