

Chariots of Fire 2019

Race Instructions

Sunday 22 September 2019

Relay race starts at 9.30am

Registration

All team managers must register their teams in the registration marquee on Queens' Green between 7.30am and 9.00am on Sunday 22 September. Please make sure you know your team number (a list of all team numbers will be displayed at your meeting zones and on the outside of the registration marquee). If you have not already returned your disclaimer form, please hand this in when you register.

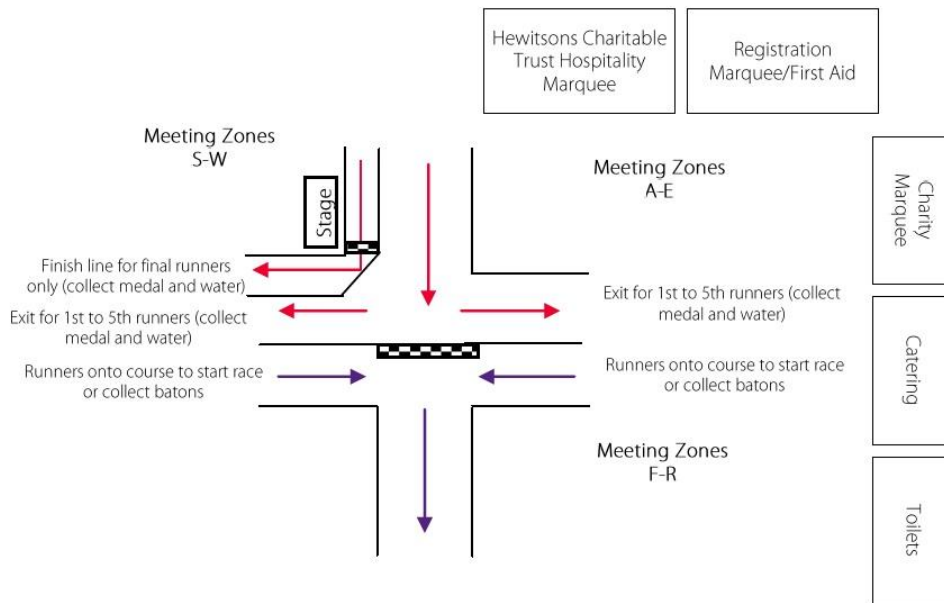
The team manager will be given a running pack comprising six t-shirts, your team numbers for your team members to attach to their t-shirts, safety pins and a baton.

Meeting zones

Queens' Green will become very congested during the morning of the race, so to assist you in meeting up with the other members of your team there will be meeting zones marked out as follows (also shown on the map below):

Zone A: teams 1 – 17	Zone I: teams 137 – 153	Zone Q: teams 274 – 290
Zone B: teams 18 – 34	Zone J: teams 154 – 170	Zone R: teams 291 – 308
Zone C: teams 35 – 51	Zone K: teams 171 – 187	Zone S: teams 309 – 323
Zone D: teams 52 – 68	Zone L: teams 188 – 204	Zone T: teams 324 – 338
Zone E: teams 69 – 85	Zone M: teams 205 – 221	Zone U: teams 339 – 361
Zone F: teams 86 – 102	Zone N: teams 222 – 239	Zone V: teams 362 – 380
Zone G: teams 103 – 119	Zone O: teams 240 – 256	
Zone H: teams 120 – 136	Zone P: teams 257 – 273	

Layout of Queens Green



The Race

The first runner will complete the course before handing the baton onto the second runner over the barrier. This continues until the sixth runner finishes the course. All team members will wear their team number on their shirts, although each member will wear a different coloured number. The team must run in the correct order as indicated below:

Runner 1:	RED	Runner 3:	YELLOW	Runner 5:	GREEN
Runner 2:	BLUE	Runner 4:	PINK	Runner 6:	BLACK

Important:

- Please ensure that each team member is wearing the correct colour number on their front.
- **IMPORTANT NOTE:** The timings chip for each team is located on the final runners running number (BLACK). Do not remove these chips.
- Teams running in the wrong order will be DISQUALIFIED
- Handover only takes place when the baton is passed to the next runner
- Please follow the instructions of the race marshals at all times

The course

The course follows a route through the streets of Cambridge, through King's and Clare colleges and along the Backs. Each runner will begin and finish on Queens' Green taking the same route shown on the attached map. The sixth runner will be directed to a finishing area just to the right of the main baton handover area so we can correctly record the finishing time.

Race director

The race director will be Charles Hewitson, Consultant at Hewitsons.

Route bulletin

The race director will give a race briefing between 9.00am and 9.10am on the day of the race. Please listen carefully as any information regarding road works or changes to the route will be announced at this time.

Prize giving

The prize-giving ceremony will take place at approximately 12 noon on Queens' Green. Prizes will be presented to the overall fastest team and the fastest teams in the following categories: female, mixed, male veteran and female veteran. The Inter-Collegiate Cup will be presented to the fastest college team. The People's Cup will be presented to the team who can provide the most entertainment to the crowd on the day. No team will qualify for more than one prize (to view the prize rules please visit the event website).

Finishing times

StuWeb will publish the race finishing times live on their website during the event. The finishing times will also be uploaded to the event website a week after the race.

For live team timings on the day and immediately after, please visit www.stuweb.co.uk

Road closure

Please note that Silver Street and Garrett Hostel Lane will be closed to all but emergency vehicles during the race.

Car parking

There is some parking on Queens' Road and the surrounding streets, close to Queens' Green (please do not park on the coach parking on Queens' Road, which is clearly marked – you are likely to receive a parking fine). Lion Yard/ Grand Arcade are the town centre car parks closest to the event.

Refreshments & facilities on Queens' Green

Catering facilities and a bar will be available on Queens' Green.

First aid

First Aid cover, provided by St John's Ambulance, will be available during the event.

Music

It is essential that all participants can hear our race marshals along the route as such we discourage the use of iPods or personal music players.

Go Pros

For any participant wanting to use a GoPro or other similar electronic devices, permission must be sought directly from the relevant Colleges that form the race route.

If you have any further questions about the race please contact: *Chariots Administration Team c/o Hewitsons Charitable Trust* e: admin@chariots-of-fire.co.uk w: www.chariots-of-fire.co.uk