



DISCLAIMER FORM

Please complete this disclaimer form and return it with your registration form and fee. PLEASE ENSURE THAT THIS IS SIGNED BY ALL TEAM MEMBERS AND THE TEAM CAPTAIN (OVERLEAF).

WARNING NOTICE: THE ORGANISERS WILL NOT BE LIABLE FOR ANY LOSS OF OR DAMAGE TO PROPERTY OR OTHER LOSS OR DAMAGE HOWEVER CAUSED BEFORE, DURING, AFTER OR AS A RESULT OF ENTERING THE RACE EXCEPT TO THE EXTENT THAT THEY CANNOT LAWFULLY EXCLUDE LIABILITY.

All entrants must:-

- Follow the designated course and beware of traffic, pedestrians and other entrants
- Abide by the orders and directions of the Race Director, course marshals and police
- Observe and obey all signs along the route
- Ensure they are medically fit to enter the race
- Be at least 16 years of age

DECLARATION:

I acknowledge and accept the disclaimer above, agree to abide by the rules and agree that the decisions of the race officials shall be final. I confirm that I am at least 16 years of age, and that I am medically fit to enter this race.

Runner 1 Signed:
Printed:.....

Runner 2 Signed:
Printed:.....

Runner 3 Signed:
Printed:.....

Runner 4 Signed:
Printed:.....

Runner 5 Signed:
Printed:.....

Runner 6 Signed:
Printed:.....

PLEASE ENTER TEAM NAME:.....

NOW PLEASE TURN OVER

ADDITIONAL DECLARATION BY TEAM CAPTAIN:

As team captain I agree to:

- **Sign and ensure that all other members of the team sign the above Declaration**
- **Ensure that any replacement for any member of the team signs the above Declaration**
- **Ensure that any replacement team captain signs this Additional Declaration**

Signed:

Printed:.....